

Nanoparticulate Assemblies of Amphiphiles and Diagnostically Active Materials for Multimodality Imaging

WILLEM J. M. MULDER,^{*,†} GUSTAV J. STRIJKERS,[‡] GERALDA A. F. VAN TILBORG,[‡] DAVID P. CORMODE,[†] ZAHI A. FAYAD,[†] AND KLAAS NICOLAY[‡]

[†]Translational and Molecular Imaging Institute and Imaging Science Laboratories, Mount Sinai School of Medicine, One Gustave L. Levy Place, New York, New York 10029, [‡]Biomedical NMR, Department of Biomedical Engineering, Eindhoven University of Technology, Post Office Box 513, 5600 MB Eindhoven, The Netherlands

RECEIVED ON OCTOBER 20, 2008

CON SPECTUS

Modern medicine has greatly benefited from recent dramatic improvements in imaging techniques. The observation of physiological events through interactions manipulated at the molecular level offers unique insight into the function (and dysfunction) of the living organism. The tremendous advances in the development of nanoparticulate molecular imaging agents over the past decade have made it possible to noninvasively image the specificity, pharmacokinetic profiles, biodistribution, and therapeutic efficacy of many novel compounds.



Several types of nanoparticles have demonstrated utility for biomedical purposes, including inorganic nanocrystals, such as iron oxide, gold, and quantum dots. Moreover, natural nanoparticles, such as viruses, lipoproteins, or apoferritin, as well as hybrid nanostructures composed of inorganic and natural nanoparticles, have been applied broadly. However, among the most investigated nanoparticle platforms for biomedical purposes are lipidic aggregates, such as liposomal nanoparticles, micelles, and microemulsions. Their relative ease of preparation and functionalization, as well as the ready synthetic ability to combine multiple amphiphilic moieties, are the most important reasons for their popularity. Lipid-based nanoparticle platforms allow the inclusion of a variety of imaging agents, ranging from fluorescent molecules to chelated metals and nanocrystals.

In recent years, we have created a variety of multifunctional lipid-based nanoparticles for molecular imaging; many are capable of being used with more than one imaging technique (that is, with multimodal imaging ability). These nanoparticles differ in size, morphology, and specificity for biological markers. In this Account, we discuss the development and characterization of five different particles: liposomes, micelles, nanocrystal micelles, lipid-coated silica, and nanocrystal high-density lipoprotein (HDL). We also demonstrate their application for multimodal molecular imaging, with the main focus on magnetic resonance imaging (MRI), optical techniques, and transmission electron microscopy (TEM). The functionalization of the nanoparticles and the modulation of their pharmacokinetics are discussed. Their application for molecular imaging of key processes in cancer and cardiovascular disease are shown. Finally, we discuss a recent development in which the endogenous nanoparticle HDL was modified to carry different diagnostically active nanocrystal cores to enable multimodal imaging of macrophages in experimental atherosclerosis. The multimodal characteristics of the different contrast agent platforms have proven to be extremely valuable for validation purposes and for understanding mechanisms of particle—target interaction at different levels, ranging from the entire organism down to cellular organelles.

Introduction

In recent years, the disciplines of nanomedicine and diagnostic imaging have increasingly joined forces, a development that was driven from both directions.^{1,2} The past decade has witnessed tremendous advances in the field of nanoparticlefacilitated molecular imaging, while noninvasive imaging has shown to be especially valuable to investigate aspects such as target specificity, pharmacokinetic profiles, and biodistribution as well as to assess therapeutic effects of nanoparticulate compounds.^{2–5} Materials such as iron oxide and gold were recognized to have extraordinary features for diagnostics as well as therapeutics.^{6,7} For example, iron oxide nanoparticles have been employed extensively as contrast generating material for magnetic resonance imaging (MRI)⁶ but can also be used for thermal ablation,⁸ while gold is suitable for optical detection⁹ as well as for laser-activated thermal ablation.¹⁰ After their discovery, quantum dots (QDs), semiconductor nanocrystals, were soon recognized to be uniquely suited for bioimaging, including in vivo fluorescence imaging and ex vivo immunofluorescence.¹¹ In addition to these inorganic nanoparticles, polymeric nanoparticles, including dendrimers, have been explored extensively for the same purposes.¹² Natural nanoparticles, such as viruses or lipoproteins, have also been broadly employed for a variety of applications, such as gene delivery and imaging.^{13,14} Interestingly, natural nanoparticles can be combined with inorganic nanoparticles to create so-called hybrid nanostructures that can be tailored to specific applications.¹⁵

Nanoparticulate aggregates of lipids are among the nanoparticle platforms that have been investigated most extensively for biomedical purposes.^{4,16} Liposomal nanoparticles have thus far been most successful, which has resulted in the FDA approval and clinical application of several liposomal formulations of cytostatic agents.¹⁷ Micelles and microemulsions are thoroughly investigated for the delivery of hydrophobic compounds,^{18,19} while lipids and other amphiphilic molecules can also function as a coating for solid nanoparticles.^{20–22} The relative ease of preparation and functionalization, the possibility to create a variety of lipid aggregate morphologies, and importantly, the ability to combine multiple amphiphilic molecules with different functionalities are the most important reasons for the popularity of lipidic nanoparticles. In addition, a variety of naturally occurring and fully synthetic lipids are commercially available. These include labeled lipids as well as lipids that are functionalized with polymers and reactive groups. Most of these lipids are based on naturally occurring phospholipids, which enhance the biocompatibility of the structures formed.

In the field of (molecular) imaging, lipid-based nanoparticle platforms allow for the inclusion of a variety of imaging agents ranging from fluorescent molecules, such as rhodamine and Cy5.5,^{23,24} to chelated metals for MRI and nuclear imaging⁴ and nanocrystals, including QDs, FeO, and gold.^{20,22,25,26} Amphiphilic molecules tend to nestle and mix with the lipids, whereas hydrophobic compounds can be included in the core of micelles and microemulsions. The inclusion of hydrophobic compounds is not limited to small molecules only. Nanocrystals, such as QDs, capped with hydrophobic ligands, have also been demonstrated to efficiently incorporate in the core of micelles^{20,22,25,26} and microemulsions.²⁷

The multimodality character of lipid nanoparticle platforms has significant advantages because it allows the visualization of a single platform using different techniques. This enables validation and co-localization using microscopic techniques. In addition, because of the complementarity of the different imaging modalities available, further information can be obtained, while different aspects of the process investigated can be validated and more thoroughly investigated at different levels.

In recent years, we have created a variety of multifunctional lipid-based nanoparticles⁴ for molecular imaging in our laboratories. These nanoparticles differ in size, morphology, multimodal imaging ability, and specificity for molecular targets expressed by cells. In this Account, we will discuss the development and characterization of the different platforms as well as their application for multimodality (molecular) imaging, with the main focus on MRI, optical techniques, such as confocal microscopy and fluorescence imaging, and transmission electron microscopy (TEM). We will demonstrate how such nanoparticles can be functionalized and how to investigate and modulate their pharmacokinetics. In addition, we will show their application for molecular imaging of experimental cancer and cardiovascular disease to investigate processes such as angiogenesis, apoptosis, inflammation, and lipoprotein metabolism. Lastly, a recent development will be discussed where an endogenous nanoparticle, high-density lipoprotein (HDL), was modified to carry different diagnostically active nanocrystal cores for multimodality imaging.

Fluorescent and Paramagnetic Liposomes

Liposomes, spherical, self-closed structures formed by one or several concentric lipid bilayers with an aqueous phase inside and between the lipid bilayers, are attractive carriers for MRI



FIGURE 1. Paramagnetic and fluorescent liposomes for target-specific imaging. (a) Schematic of liposomes composed of the amphiphilic molecules, indicated on the left. Thiol-containing targeting ligands can be covalently linked to the maleimide-containing liposomes. (b) Cryo-TEM reveals unilamellar vesicular structures. (c) NMRD profiles of Gd–DTPA (starts high and drops at higher field strengths) and paramagnetic liposomes that show a typical peak at clinically relevant field strengths. (d) Confocal microscopy of cultured endothelial cells (HUVEC) that had been incubated with $\alpha v\beta$ 3-specific RGD–liposomes and nonspecific RAD–liposomes. Reproduced with permission from refs 29 and 30.

contrast agents.²⁸ In 2004, we introduced a paramagnetic and poly(ethylene glycol) (PEG)ylated liposomal MRI contrast agent that was additionally labeled with fluorophores to enable its visualization with fluorescence techniques (Figure 1a).²³ Moreover, this nanoparticle was functionalized with maleimide (distally at the PEG chains) to allow covalent linkage with thiolexposing molecules via the sulfhydryl-maleimide-coupling method (right of Figure 1a). Cryo-TEM showed the typical spherical morphology of the liposomes (Figure 1b).²⁹

The longitudinal relaxivity r_1 , i.e., the potency of an MRI contrast agent to shorten the longitudinal relaxation time T_1 , can be plotted as function of field strength to obtain so-called nuclear magnetic resonance dispersion profiles (NMRD profiles). In general, the relaxivity is largely determined by the variations in the interplay between the rotation correlation time (τ_R) and the exchange of water molecules coordinated to a single Gd³⁺ chelate. Typical profiles with maximum intensities around clinically relevant field strengths of 20–60 MHz are obtained when Gd³⁺ chelates exhibit diminished mobility, which causes their tumbling rate to decrease, such as for liposomes (Figure 1c).²⁹

When equipped with H18/7 monoclonal antibodies, which have a high affinity for the cell adhesion molecule E-selectin, it was shown by both fluorescence microscopy and MRI that the liposomal contrast agent was preferentially associated with stimulated endothelial cells.²³ Subsequent to this study, the liposomes were equipped with $\alpha\nu\beta$ 3-integrin specific RGD—peptides and nonspecific RAD—peptides.³⁰ Incubations with human umbilical vein-derived endothelial cells revealed that the $\alpha\nu\beta$ 3-specific liposomes were taken up to a much higher extent than the RAD-conjugated control liposomes, as evidenced by confocal microscopy (Figure 1d) and MRI (not shown).

This $\alpha v\beta$ 3-specific liposomal system was extensively employed to visualize and quantify ongoing tumor angiogenesis in mouse models.^{30,31} In a first in vivo study in tumorbearing mice,³⁰ it was shown that, after intravenous administration (Figure 2a), the liposomes gave rise to MRI signal enhancement in the rim of the tumor (Figure 2b). The inclusion of the fluorophore also enabled visualization of the liposomes with immunofluorescent techniques to co-localize them with other relevant cellular structures. The patterns of red fluorescence observed in tumor sections (Figure 2c) are indicative of tumor blood vessel labeling by the RGD-functionalized liposomes. Additional staining with the endothelial cellspecific antibodies directed to CD31 supported this interpretation, because a high degree of co-localization between the liposomes and tumor vessel endothelial cells was observed (Figure 2d).

In a subsequent study, the above technology was employed to visualize and quantify ongoing tumor angiogenesis in mice that were treated with anti-angiogenic agents.³¹ Traditional readouts for therapeutic efficacy of such agents are tumor-growth inhibition as well as microvessel density (MVD), because the agents have an inhibitory effect on neovascularization. Determination of MVD is an inherently invasive procedure and is usually achieved by staining multiple tumor sections for blood vessels and counting them. This number can be plotted for the different treatment groups, as performed in this study (Figure 2e). Molecular MRI with the $\alpha v\beta$ 3-specific liposomes allowed *in vivo* quantification of the percent-



FIGURE 2. MR molecular imaging of tumor angiogenesis. (a) Tumor-bearing mice were intravenously injected with the dual modality liposomes. (b) MR image of a slice through the tumor of an animal that was injected with paramagnetic RGD-liposomes reveals pronounced signal increase in the tumor periphery. (c) Fluorescence microscopy of DAPI-colored 10 μ m sections from dissected tumors of mice that were injected with RGD-liposomes. (d) Endothelial cell and liposome co-registration. Vessel staining was performed with an endothelial cell-specific CD31 antibody (green), while the red fluorescence represents the RGD-liposomes. RGD-liposomes were exclusively found within the vessel lumen or associated with vessel endothelial cells, indicative of a specific association with the angiogenic endothelium. (e and f) Groups of tumor-bearing mice that were treated with the anti-angiogenic agents anginex and endostatin underwent molecular MRI, which was followed by quantitative histology of the microvessel density (MVD). (e) Quantification of MVD as mean number of vessels per 0.25 mm². (f) Percentage of the tumor with significant MRI signal enhancement after intravenous injection with RGD-liposomes. Reproduced with permission from ref 30 and ref 31.

age of the tumor volume that exhibits significant angiogenesis (Figure 2f). A high degree of correlation between *ex vivo* histology and *in vivo* molecular MRI was observed. Direct readouts of angiogenic molecular activity before, during, and after therapy should aid preclinical drug testing.³² Therefore, this technology may pave the path for more effective *in vivo* screening of anti-angiogenic agents, which will enable more judiciously selecting key compounds for clinical testing.

Next to target-specific imaging, functionalization of the liposomal system also allows for manipulating its pharmacokinetic profile. This was exemplified in a recent study by van



FIGURE 3. Avidin induced clearance of biotinylated liposomes. Cryo-TEM images of biotinylated paramagnetic liposomes (a) prior to and (b) after overnight incubation with avidin. (c and d) Maximum intensity projections of three-dimensional MRI data sets. Mice that had been injected with paramagnetic biotin—liposomes (pre), followed by the infusion of (c) saline or (d) avidin. (e) Blood Gd levels following intravenous injection of biotinylated liposomes. Avidin (\Box) or saline infusion (\bullet) was started 26 min after liposome injection. Data points for mice that received avidin are interpolated to guide the eye ($\cdot \cdot \cdot$). Reproduced with permission from ref 33.

Tilborg et al., where the pharmacokinetics of these liposomes, additionally labeled with biotin, were extensively studied using a variety of techniques, including cryogenic TEM (cryo-TEM), MRI, inductively coupled plasma-mass spectroscopy (ICP-MS), and immunofluorescence.³³ In vitro, it was demonstrated using cryo-TEM that the liposomes cross-linked upon incubation with avidin (parts a and b of Figure 3). Upon intravenous administration, it was anticipated that the biotinylated liposomes could be removed from the circulation upon infusion of avidin. In Figure 3c, typical liposome-enhanced MRI angiographs before and 20 min after the infusion of saline are depicted and revealed no enhanced clearance of the liposomes. Conversely, upon injection of avidin, a rapid decrease of vascular signal was observed, indicative of the induced clearance of the liposomes from the circulation (Figure 3d). Gd determinations of sequential blood draws confirmed the afore-



FIGURE 4. Paramagentic and fluorescent PEGylated micelles. (a) Schematic representation of the micellar contrast agent. (b) Cryo-TEM reveals small structures. (c) High-resolution T_1 -weighted MR images before and 24 h after administration of macrophage scavenger receptor-specific micelles revealed pronounced signal enhancement in the lesioned aortic wall of an apoE-KO mouse. (d) Fluorescence microscopy of a DAPI-colored (to stain nuclei) plaque section showed uptake of the rhodamine-labeled micelles by macrophages (green). Reproduced with permission from ref 34.

mentioned observation. The majority of the liposomes were cleared from the circulation within 1 h after infusing avidin, while in the control situation, over 90% of the initial dose was still present in the blood (Figure 3e).

This active avidin-induced clearance of liposomes or any other lipidic nanoparticle from the circulation enables one to study critical aspects of MR molecular imaging, including targeting kinetics, the specificity of signal changes, as well as vascular leakage and permeability.

Paramagnetic and Fluorescent PEGylated Micelles

Micelles composed of PEGylated lipids, have been recognized to be particularly interesting for carrying poorly soluble pharmaceutical agents.¹⁸ We used this platform to create paramagnetic and fluorescent micelles by mixing a PEGylated lipid and the paramagnetic lipid Gd–DTPA–distearyl amide in a 1:1 ratio with a small fraction of a fluorescent lipid.³⁴ In Figure 4a, a schematic representation of this contrast agent is depicted, which also exposes maleimide moieties to enable functionalization. The size and morphology of this nanoparticle was investigated with cryo-TEM and indicated its diameter to be around 15 nm (Figure 4b). This relatively small size makes this nanoparticle particularly interesting for molecular imaging of extravascular targets, because it can penetrate a dysfunctional endothelial barrier, associated with pathologies, such as cancer and atherosclerosis.

The bimodal PEG—micelles have been employed for molecular imaging of macrophages in atherosclerosis. It was shown that 24 h post-intravenous administration the vessel wall of apoE-KO mice was pronouncedly enhanced on MRI images (Figure 4c) for the macrophage scavenger receptor-specific micelles only. Because of the dual labeling of the micelles, immunofluorescence could be used to reveal the predominant macrophage association of the MSR-targeted micelles (Figure 4d). Recently, Briley-Saebo et al. applied this agent to identify and visualize oxidized LDL-rich atherosclerotic lesions in apoE-KO mice.³⁵

Iron Oxide Micelles

Iron oxide nanoparticles that are synthesized in nonpolar organic solvents can be incorporated into the core of micelles formed from PEGylated lipids.²⁶ Functionalization of such nanoparticles can be easily realized through use of these reactive PEG-lipids and subsequent conjugation with ligand. Furthermore, fluorescent properties can be introduced by the inclusion of fluorescent dyes (Figure 5a). TEM and negative-staining TEM revealed that it is possible to produce monodisperse particles that are covered by a monolayer of lipids. We used this platform for the detection of apoptotic cells by conjugating Annexin A5, a protein that has high affinity for phosphatidyl serine, a phospholipid exposed in the outer leaflet of the plasma membrane of apoptotic cells.³⁶ These Annexin-A5-conjugated particles showed high affinity for apoptotic cells, which resulted in a large decrease of T_2 of a pellet of these cells and, consequently, a darkening of the T_2 -weighted MR images of the cell pellet (Figure 5c). The transverse relaxation rates R_2 (1/ T_2) of nontreated apoptotic cells as well as apoptotic cells incubated with nonspecific nanoparticles remained unaffected (Figure 5d). The inclusion of a fluorescent amphiphile allowed for corroboration of these MRI findings with fluorescence microscopy (Figure 5e). In vivo, this contrast agent might be very useful for detecting apoptotic cells in pathological processes, such as ischemia reperfusion injury, atherosclerosis, and tumor treatment.

Paramagnetic QD-Micelles

Mulder et al. created MRI-visible QD—micelles by incorporation of a paramagnetic amphiphile in the micellar coating.^{20,25} As above, the PEG chains of these micelles can be functionalized with targeting ligands. In Figure 6a, a schematic of a RGD—peptide-conjugated paramagnetic QD—micelle (pQD) is



FIGURE 5. Imaging apoptosis with micellar iron oxide. (a) Schematic representation of the micellar iron oxide that contained fluorescent amphiphiles (red) and was functionalized with the apoptosis-specific protein Annexin A5. (b) TEM and negative-staining TEM of micellar iron oxide. (c) On T_2 -weighted images, the uptake of the contrast agent resulted in a signal decrease of the pellet of cells that were incubated with Annexin-A5-functionalized micellar iron oxide (right), as compared to control cells (left). (d) Quantitative analysis revealed a significant R_2 increase for the Annexin-A5-conjugated nanoparticles, while nonconjugated micelles had no such effect. (e) Specific binding of the agent with apoptotic cells was visualized with fluorescence microscopy. Reproduced with permission from ref 26.



FIGURE 6. Paramagnetic QD-micelles for multimodality imaging. (a) Schematic depiction of $\alpha\nu\beta$ 3-specific and paramagnetic QD-micelles. (b) Photograph of the QD-micelles in normal light (left) and under UV illumination (right). (c) Fluorescence microscopy of HUVEC incubated with $\alpha\nu\beta$ 3-specific and paramagnetic QD-micelles. (d) Intravital microscopy of microvessels in tumor-bearing mice after intravenous injection of RGD-pQDs. The brightfield (left) and fluorescence image (right) revealed labeling of endothelial cells in tumor blood vessels. (e) Fluorescence image of a tumor-bearing mouse following intravenous administration of the contrast agent revealed tumor accumulation. (f) T_1 -weighted MR images before and 45 min after the injection of the $\alpha\nu\beta$ 3-specific and paramagnetic QD-micelles. Reproduced with permission from ref 20 and ref 43.

depicted. In Figure 6b, the UV light-induced luminescence of this contrast agent can clearly be appreciated. The ionic relaxivity r_1 of the QD—micelle at clinically relevant field strength of 1.41 T was more than 12 mM⁻¹ s⁻¹, which is 3 times higher than that of Gd—DTPA at this field strength. Because the QD—micelles contain approximately 300 lipid molecules, half of which are Gd³⁺ chelating lipids (Gd—DTPA—DSA), the relaxivity per millimolar nanoparticle is estimated to be ca. 2000 mM⁻¹ s⁻¹. This high relaxivity makes the QD contrast agent an attractive candidate for molecular MRI purposes.

The specificity of this contrast agent for proliferating endothelial cells *in vitro* was assessed with fluorescence microscopy. It was shown that the $\alpha\nu\beta$ 3-integrin-specific particles were massively taken up (Figure 6c) to a much higher extent than the nonspecific version (not shown). Targeted multimodality imaging of tumor angiogenesis was performed on tumor-bearing mice that were intravenously injected with the contrast agent and were studied with either intravital microscopy, fluorescence imaging, or MRI *in vivo*.⁴³ Intravital microscopy was used for the real-time monitoring of the fate of injected QDs. In Figure 6d, a brightfield and fluorescence image of tumor blood vessels are depicted 30 min after injection. Fluorescence imaging enabled the visualization of particle accumulation with high sensitivity and high temporal resolution in mice that



FIGURE 7. Pharmacokinetics of lipid-coated silica nanoparticles investigated with multimodality imaging. Schematic depiction of QDcontaining silica particle with (top and left) and without (top and right) a lipid coating. (a) Determination of blood circulation half-life values by fluorescence imaging (photographs, blue graphs) and ICP–MS (red graphs). The values were normalized to the maximum photon count (I_{max}) or maximum Cd concentration (Cd_{max}). (b) Confocal microscopy of sections from different organs collected from mice at 24 h after injection and stained for endothelial cells to visualize blood vessels (green) and nuclei (blue) shows particle accumulation in red. (c) TEM was used to show particle uptake by cells in the liver, spleen, and lung. The lipid-coated silica particles were individually dispersed, while the bare silica particles were found to be aggregated and trapped in the capillary bed of the lungs (bottom and right). Reproduced with permission from ref 40.

grew a tumor in their kidney (Figure 6e). High-resolution T_1 -weighted MRI was performed before and 45 min following RGD-conjugated QD-micelle administration and revealed significant signal enhancement that was mainly found at the tumor periphery (Figure 6f), which corresponds with the regions of the tumor with the highest angiogenic activity.

Lipid-Coated Silica Nanoparticles

In the past decade, silica-based nanoparticles have increasingly been exploited for biomedical applications, including drug and gene delivery, and as a carrier vehicle for different contrast-generating materials.^{37,38} Interestingly, the ease of incorporation of different chemicals in silica makes it an excellent material for the integration of multiple diagnostically active materials to enable multimodality biomedical imaging.

Despite the intrinsic utility of silica for biomedical applications, a surface coating has to be applied to make inorganic nanoparticles applicable for functionalization, for improved pharmacokinetics, and to prevent the particles from aggregating. To address this issue, we have recently developed a novel method to obtain hydrophobic silica nanoparticles coated with a physically adsorbed monolayer of PEGylated phospholipids (top of Figure 7).³⁹ This highly flexible coating method allows, next to the inclusion of PEGylated lipids, the incorporation of many other lipid species, e.g., paramagnetic lipids for MRI and biofunctional lipids to achieve target specificity. The

cytotoxicity and pharmacokinetics of paramagnetic and PEG-lipid-coated QD-containing silica nanoparticles was studied by van Schooneveld et al.⁴⁰ A variety of imaging techniques were employed, and the results were compared to those obtained with bare silica nanoparticles. In comparison to bare silica, lipid-coated silica exhibited a prolonged circulation half-life as determined by both analytical chemical determination (ICP-MS) and quantitative fluorescence imaging of blood samples (Figure 7a). Confocal microscopy (Figure 7b) and TEM (Figure 7c) of tissue sections of mice sacrificed 24 h after the administration of lipid-coated (left) and bare silica nanoparticles (right) revealed that both particles accumulate in (and clearly via) the liver and spleen. Interestingly, the bare silica particles were also found to accumulate in the lungs of the animals. TEM investigations indicated this to be caused by the aggregation of the bare silica particles upon intravenous administration, a phenomenon that was not observed for the lipid-coated nanoparticles.

Nanocrystal Core HDLs

Endogenous nanoparticles, such as lipoproteins and viruses, have also been modified for use as biocompatible multimodality contrast agents.^{14,41} HDL, the smallest of the lipoprotein family, is known to migrate to atherosclerotic plaques and remove cholesterol from macrophages. This natural targeting mechanism of HDL was exploited by Frias et al. to develop a probe for molecular imaging of macrophages.¹⁴ The particle was constituted from HDL apolipoproteins and phospholipids, with or without unesterified cholesterol. A paramagnetic phospholipid, Gd–DTPA–dimyristoyl-phosphoethanolamine, and a fluorescent phospholipid were incorporated for imaging purposes. This contrast agent was applied to a mouse model of atherosclerosis and showed strong MRI signal enhancement within the lesioned wall at 24 h post-injection.

Recently, Cormode et al. modified HDL particles to create endogenous nanoparticle—inorganic material composites (parts a—c of Figure 8).⁴² In addition to modifying the phospholipid coating to provide contrast for medical imaging, as mentioned above, a method was developed to modify the hydrophobic core for the same purpose. The original hydrophobic core of HDL was replaced by different nanocrystals, i.e., gold nanoparticles, iron oxide nanoparticles, and QDs to produce a broad range of novel contrast agents for multimodality imaging. Fluorescent and paramagnetic lipids were included in the phospholipid corona of the particles as appropriate (Figure 8d), so that all of the nanocrystal HDLs were at least MRI- and fluorescence-active and therefore multimodal. These particles were extensively characterized by negative-



FIGURE 8. Nanocrystal core HDL. Schematic depiction of (a) Au–HDL, (b) FeO–HDL, and (c) QD–HDL. (d) Different (functional) molecules that are employed in the HDL coating. (e) Negative-stain TEM images of FeO–HDL. (f) Summary of the (physical) properties of nanocrystal HDL and PEG-coated control particles. Values are given as the mean \pm standard deviation. Reproduced with permission from ref 42.

staining TEM (Figure 8e) and relaxometry (Fgiure 8f), while protein analysis and other techniques found the nanoparticles to be very similar to native HDL (Figure 8f). The relaxometry data showed that the prepared HDL nanoparticles have acceptable MRI contrast generation abilities.

In vitro imaging experiments, of which examples are shown in Figure 9, revealed that these particles were abundantly taken up by macrophages, as evidenced by confocal laser scanning microscopy (Figure 9a), cell pellet MR imaging (Figure 9b), and TEM (Figure 9c). The macrophage uptake of Au–HDL was also demonstrated with CT imaging (Figure 9d), while the unique fluorescent properties of QD–HDL allowed the visualization (Figure 9e) and quantification of its uptake (Figure 9f), using optical techniques.

In vivo experiments using the imageable HDL nanoparticles were performed with the apolipoprotein E knockout (apoE-KO) mouse model of atherosclerosis (Figure 10). The abdominal aorta of mice injected with Au–HDL and QD–HDL appeared brighter on T_1 -weighted MR images at 24 h (parts a and b of Figure 10, respectively), while at this time point, a signal decrease in the aortic wall was observed on T_2^* weighted images for the FeO–HDL-injected animals (Figure 10c). Confocal microscopy of aortic sections that were stained for macrophages (green) and nuclei (blue) revealed the nanocrystal HDL particles (red) to be associated with macrophages,



FIGURE 9. Uptake of nanocrystal HDL by macrophage cells *in vitro*. (a) Confocal microscopy of cells incubated for 2 h with FeO–HDL, which appear red (rhodamine), and the nuclei were stained with DAPI (blue). (b) *T*₁-weighted MR image of pellets of cells incubated for 4 h with QD–HDL, QD–PEG, or cells that were left untreated. (c) TEM image, where black circles indicate areas of Au–HDL uptake. (d) CT images of cell pellets incubated with Au–HDL and Au–PEG. (e) Photographs of pellets of cells incubated with QD–HDL, QD–PEG, or control cells taken under UV irradiation. (f) Chart of fluorescence intensity of the cell pellets from e, while the inset shows typical fluorescence images. Reproduced with permission from ref 42.

where the areas of co-localization appeared as orange/yellow (parts d-f of Figure 10). Computed tomography images of aorta specimens from Au-HDL-injected and control animals revealed specific uptake of Au-HDL only (Figure 10g). Lastly, fluorescence imaging photographs of a control aorta, an aorta of a mouse injected with a nonspecific QD-PEG nanoparticle, and QD-HDL are displayed in Figure 10h. QD-HDL was massively taken up into the aorta wall, to a much greater extent than QD-PEG control particles.

Conclusions

In this Account, we have shown the possibilities to create different multimodality nanoparticles from amphiphilic mole-



FIGURE 10. Multimodality imaging of atherosclerosis using nanocrystal HDL. T_1 -weighted MR images of the aorta of apoE-KO mice 24 h post-injection with paramagnetic (a) Au–HDL or (b) QD–HDL particles. Arrows indicate areas enhanced in the postinjection images. (c) T_2 *-weighted image of an apoE-KO mouse 24 h post-injection with FeO–HDL. The arrow indicates a vessel wall region with a hypo-intense signal. (d–f) Confocal microscopy images of aortic sections of mice injected with different nanocrystal HDL preparations. Nanocrystal HDL is shown in red; macrophages are shown in green; and nuclei are shown in blue. Yellow indicates co-localization of nanocrystal HDL with macrophages and is indicated by arrowheads. (g) *Ex vivo* sagittal CT images of the aortas of mice injected with Au–HDL, Au–PEG, and saline. (h) Fluorescence image of aortas of mice injected with QD–HDL, QD–PEG, and saline. Reproduced with permission from ref 42.

cules and diagnostically active materials. The nanoparticles span a wide range of properties in terms of size, morphology, detectability, and target specificity. A variety of applications were explored in live mice, including molecular imaging of tumor angiogenesis and atherosclerosis. We have also shown that these supramolecular constructs allow for a high degree of flexibility for functionalization. This may be exploited to introduce target specificity but also to manipulate contrast agent blood clearance kinetics using, among others, a so-called avidin chase.

The multimodality characteristics of the different contrast agent platforms proved to be extremely valuable for validation purposes and to understand mechanisms of particle—target interaction at the anatomic, organ, cellular, and subcellular levels. Additionally and importantly, we have shown the value of multimodality imaging to study the pharmacokinetics and tissue distribution of novel nanosized materials. One of the most exciting developments lies in combining synthetic materials with nature's own nanoparticles, as exemplified by the nanocrystal core HDL platform.

Partial support was provided by NIH/NHLBI R01 HL71021, NIH/NHLBI R01 HL78667 (Z.A.F.), and the Peter Jay Sharp Foundation (W.J.M.M.). The research in the Eindhoven laboratory (G.J.S., G.A.F.v.T., and K.N.) was funded in part by the BSIK program entitled Molecular Imaging of Ischemic Heart Disease (project number BSIK03033) and the European-Union-supported Network-of-Excellence entitled Diagnostic Molecular Imaging (DiMI; contract number LSHB-CT-2005-512146) and was performed in the framework of the European Cooperation in the field of Scientific and Technical Research (COST) D38 Action Metal-Based Systems for Molecular Imaging Applications.

BIOGRAPHICAL INFORMATION

Willem J. M. Mulder studied chemistry at the Utrecht University (The Netherlands) and obtained his Ph.D. in biomedical engineering at the Eindhoven University of Technology (The Netherlands) in 2006. He currently holds an assistant professorship of radiology at the Translational and Molecular Imaging Institute, Mount Sinai School of Medicine, New York. He heads the Nanomedicine Program, which focuses on the development of novel nanoparticles for multimodality biomedical applications.

Gustav J. Strijkers is associate professor of biomedical MRI at the Eindhoven University of Technology (The Netherlands). He obtained a Ph.D. (1999) in applied physics from the Eindhoven University of Technology. In 2000, he was a postdoctoral fellow in the Department of Physics and Astronomy at the Johns Hop-kins University. During the last 8 years, he has focused on the physics and biomedical applications of magnetic resonance imaging and molecular imaging.

Geralda A. F. van Tilborg obtained a Ph.D. in biomedical engineering at Eindhoven University of Technology, The Netherlands, in 2008. Currently, she holds a postdoctoral fellowship at the Image Science Institute, University Medical Center, Utrecht, The Netherlands.

David P. Cormode received his Ph.D. in chemistry at Oxford University. He currently holds a postdoctoral fellowship at the Translational and Molecular Imaging Institute, Mount Sinai School of Medicine, New York.

Zahi A. Fayad is professor of radiology and medicine at Mount Sinai School of Medicine. He received his Ph.D. from the University of Pennsylvania. Today, he directs the Translational and Molecular Imaging Institute at the Mount Sinai School of Medicine. His current research is in the development of multimodality imaging to study cardiovascular disease.

Klaas Nicolay is professor of biomedical NMR at Eindhoven University of Technology (The Netherlands). He received a Ph.D. in

biophysical chemistry from Groningen University in 1983. Since 2001, he directs the Biomedical NMR group within the Department of Biomedical Engineering at Eindhoven University of Technology. Dr. Nicolay's prime research interests are the development of noninvasive MR-based techniques to enable functional and molecular imaging of the cardiovascular and musculoskeletal systems, as well as on cancer.

FOOTNOTES

*To whom correspondence should be addressed. E-mail: willem.mulder@mountsinai.org.

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